

PRODUCT RECORD CARD

THIS DOCUMENT SHOULD BE ISSUED WITH AND KEPT FOR EACH ITEM OR SYSTEM

- Please see the product label details required below.
- Consult the User Guide for advice on inspection, maintenance, lifespan etc. Other components within any fall arrest system in which products are used should conform to the relevant European standards (ENs) or in their absence other appropriate standards.

Product Label Definitions

1. Manufacturers name and contact details
2. Manufacturers product code
3. Date of manufacture
4. Read instructions supplied with product
5. Identifying number of manufacture examination body
6. Serial Number
7. European standard that the product conforms to

1 ABTECH SAFETY	Tel: +44(0)1244 837 050 email: sales@abtechsafety.com	CE0321	5
2 Model: AB10 STD	Serial Number: XXXXXX	6	
3 Date of Manufacture: 09/2012	Conforms to: BS EN 361:1993	7	
4 READ INSTRUCTIONS BEFORE USE			

All PPE Products within this User Guide conform to the European Standards stated and are the subject of EC Certificates of Conformity issued by:
National Engineering Laboratory, East Kilbride, Glasgow, G75 0QU
Tel: +44 (0)1355 220 222 Fax: +44(0)1355 272 047
Article 10 89/686/EEC

All PPE Products within this User Guide are in conformity with the provision of the Council Directive 89/686/EEC, under the supervision of the Notified Body:
Satra Quality Assurance Ltd, Wyndham Way, Kettering, Northamptonshire NN16 8SD.
Tel: +44 (0)1536 410 000 Fax: +44(0)1536 410 626
Article 11B 89/686/EEC

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Tel: +44(0)1244 837 050 Fax: +44(0)1244 837 051
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MANUFACTURE DETAILS

PRODUCT CODE	PRODUCT SERIAL NUMBER
FINAL INSPECTION PRIOR TO DESPATCH BY	DATE

RESCUE HARNESS

CONFORMS TO BS EN 361:1993
BS EN 1497:1996
PRODUCT CODE: ABRES



1. Pick up the rear 'Tri D' extended Dorsal straps. Ensure straps are not twisted
2. Pass arms through shoulder straps. Holding aloft, place right arm through right shoulder strap and left are through left shoulder strap
3. Fasten chest straps and adjust to centre. Ensure shoulder straps are pulled vertical and front Tri 'D' is centrally placed
4. Ensure rear Tri 'D' is central between shoulder blades
5. Draw leg straps between legs and thread buckles, pulling end of straps to tighten snugly around thighs
7. Attach fall arrest system to the front Tri D on the chest strap (marked A) if the anchor point is located in front of the user or the rear Tri D marked (A) if the anchor point is located behind the user
8. For lowering or raising the user attach to the overhead-extended attachment point. Do not attach to this point for fall arrest

NOTE: ADEQUATE CLEARANCE DISTANCE SHOULD BE ENSURED FOR THE USER TO FALL INTO. THE FOLLOWING CALCULATION IS A GUIDE:
USER HEIGHT + LANYARD LENGTH + EXTENSION OF LANYARD + SAFETY MARGIN =
2M + 2M + 1.75M + 1M = 6.75M

